

Milton Keynes Local Group Meeting

When: Thursday 21st July 2022

Topic: Let's discuss Diabetes

Join us to discuss what diabetes is, how it affects us and the importance of self-care. The meeting will be suitable for everyone whether newly diagnosed, had diabetes a long time, or living with someone who has diabetes.

**Where: Centrecom Community Centre
602 North Row, Secklow Gate West, Central
Milton Keynes MK9 3BJ**

Free Parking

Come along from **7pm** for a cuppa and chat with other people in Milton Keynes living with and affected by diabetes.

Meetings start 7.30pm

**Meetings are free to attend and open to all
You are not alone!!**

For More Information, Call:
01908 661039 / 07964161792

<http://miltonkeynes.diabetesukgroup.org/>
miltonkeynes.diabetesukgroup@gmail.com